

Vital Living Program Assessments

Body Composition

\$10

State-of-the-art assessment of weight including body fat and metabolic rate.

Bone Density

\$20

Heel ultrasound provides a simple yet accurate measurement of bone strength & fracture risk.

Balance Screening

\$60

A comprehensive screening of sensory balance, stability, and lower body strength.

Bones & Balance Package

\$75

Bone density screening, and an assessment of sensory balance and lower body strength.

**Available by appointment only.
Please see the Front Desk to register.**



The body composition and bone density assessments are not appropriate for all people. Please inquire about your suitability before registering.